



Discovering Our Planet Together



Wild & Ancient Himalaya: Nepal & Bhutan

Exploring Nature & Culture in Two Historic Mountain Kingdoms



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Trip Details:

Days

11 Days /
Feb–Apr,
Nov–Dec

Price

From
\$15095
(+Air)

Wild & Ancient Himalaya: Nepal & Bhutan

Exploring Nature & Culture in Two Historic Mountain Kingdoms

Geographically diverse Nepal holds the world's highest mountains and lowland jungle plains. Safaris in the Terai reveal its captivating wildlife as we search for rhinos, sloth bears and leopards roaming the subtropical forests. In neighboring Bhutan, quality of life is measured in terms of Gross National Happiness, not merely material measures. Though Bhutan is a tiny country, it is a global conservation leader, proud to be not only carbon-neutral, but carbon-negative. The “Land of the Thunder Dragon” remains dedicated to preserving its deep Buddhist traditions and pristine landscapes. Visitor presence is still light, and a journey among its serene monasteries, Himalayan peaks, glacial rivers and peaceable villages reveals Bhutan's singular beauty. Combine an adventure in these two ancient kingdoms for a nature sojourn that will move your spirit.

Trip Highlights

On this insider's discovery of two neighboring countries, find a distinctive focus on nature, scenery, wildlife and varied ecosystems, from tropical lowlands to subalpine heights

Explore the UNESCO World Heritage Site of Chitwan, home to Asian elephants, one-horned rhinoceros, sloth bear, spotted deer, golden jackal, profuse birdlife and more

Visit the temples of the Kathmandu Valley, and hike to Taksang Monastery, Bhutan's famous “Tiger's Nest” temple perched half a mile up on a sheer mountain cliff



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Itinerary At A Glance

Day 1

Kathmandu, Nepal

Day 2

Fly to Bharatpur / Chitwan National Park

Days 3 & 4

On Safari in Chitwan National Park

Day 5

Bharatpur / Kathmandu—Patan Durbar Square

Day 6

Fly to Paro, Bhutan / Thimphu—WWF Visitor Center / Hike to Wangditse Monastery

Day 7

Dochula Pass / Lamperi Royal Botanical Park / Punakha Dzong

Day 8

Punakha—Valley View Hike / Jigme Dorji National Park

Wild & Ancient Himalaya: Nepal & Bhutan Itinerary

Exploring Nature & Culture in Two Historic Mountain Kingdoms

KATHMANDU

Day 1: Arrive in Nepal's temple-filled capital for your Himalayan journey

- Settle into Dwarika's, a heritage hotel showcasing centuries of Newari craftsmanship
- Explore Kathmandu, where Hindu and Buddhist traditions have flourished for centuries
- Join your Expedition Leader and fellow travelers for a welcome dinner

Arrive in Kathmandu, the storied capital of Nepal. For centuries, this city backdropped by the world's highest mountain range has been a center of religious art and architecture in both Hindu and Buddhist traditions, renowned for its intricate temples and public squares. Our representative picks you up at the airport—likely in our electric vehicle, which we use for the majority of our Kathmandu transfers—and accompanies you to our hotel. Settle in at Dwarika's, a luxurious heritage lodge that evokes the palaces of Nepal's Newar kings, appointed with artifacts dating back to the 14th century. This evening, gather with our Expedition Leader for a welcome dinner at our hotel.



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Itinerary At A Glance

Day 9

Lamperi Birdwatching / Paro Valley
—Sand Mandala Creation / Archery Lesson

Day 10

Paro—Tiger's Nest Monastery

Day 11

Paro / Bangkok, Thailand / Depart

BHARATPUR / CHITWAN NATIONAL PARK

Day 2: Journey to the wild Terai and Chitwan National Park

- Fly from Kathmandu to the lowland forests and grasslands of the Terai
- Settle into a riverside safari lodge overlooking prime rhino habitat
- Watch for one-horned rhinos, gharials and crocodiles along the Rapti River

Return to the airport this morning to board our flight to Bharatpur on the Terai plains of southern Nepal. On arrival, transfer to our luxury ecolodge, Meghauri Serai, for the next three nights. This serene safari base on the edge of the Rapti River offers immediate access to Chitwan National Park. Located in the largest area of undisturbed subtropical wilderness along the base of the Himalaya, the lodge is optimally situated for the best wildlife viewing in the Chitwan region, which we take full advantage of during our stay. The area around the lodge has a consistently high sighting rate for one-horned rhinoceros, crocodile and gharial, and other species abound, too.

CHITWAN NATIONAL PARK

Days 3 & 4: Explore grasslands and river forests in search of rhinos and rare wildlife

- Set out on 4x4 safaris through tall grasslands, sal forest and riverine habitat
- Look for one-horned rhinos, sloth bears, Asian elephants and gharials
- Watch for some of the more than 500 bird species recorded in the park

Chitwan National Park, established in 1973, is Nepal's first national park and was named a World Heritage Site by UNESCO in 1984. It encompasses 360 square miles of subtropical lowlands and is home to about 50 mammal species and more than 500 species of birds. We spend our days exploring the park on 4x4 safari drives, anticipating views of Chitwan's most famous wild residents. While sightings are never guaranteed, we have good chances to observe one-horned rhinoceros, Asian elephant, crocodile, leopard, sloth bear, sambar deer, wild boar, monkeys and jungle fowl, all in their natural habitat. River safaris are also an option. Conditions permitting, a chance to track tigers is a special highlight, as we join our Expedition Leader and a local guide to search for footprints and pugmarks that mark the tigers' hidden presence in the park.



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BHARATPUR / KATHMANDU

Day 5: Discover the Newari artistry of Patan Durbar Square

- Wander the UNESCO-listed palace square, home to some of Nepal's finest Newari architecture
- Admire centuries-old temples, monasteries and intricately carved courtyards
- Learn how Hindu and Buddhist traditions have shaped the Kathmandu Valley

Return to Bharatpur airport this morning for our flight back to Kathmandu. This afternoon, visit Patan Durbar Square, one of seven designated cultural sites in the Kathmandu Valley that have earned the region UNESCO World Heritage status. Patan lies a few miles outside Kathmandu and is home to the valley's finest artisans who have preserved ancient techniques used in exquisite sculptures and carvings. The city retains much of its historic charm with its narrow streets, brick houses and multitude of well-preserved Hindu temples, Buddhist monasteries and monuments. As in Kathmandu, Hinduism and Buddhism have co-existed here for centuries, and the cultural and religious harmony is evident. At the city's heart lies Patan Durbar Square, where the kings of Patan resided. On a guided tour, wander among the melange of palace buildings, artistic courtyards, graceful pagoda temples and shrines—a display of Newari architecture that reached its pinnacle during the reign of the Malla kings in the 17th and 18th centuries. Continue to our hotel in Kathmandu to spend the night.



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PARO / THIMPHU

Day 6: Enter Bhutan, the Land of the Thunder Dragon

- Fly across the Himalaya to Bhutan's mountain kingdom
- Discover the country's conservation work at the WWF Visitor Center
- Hike through pine and rhododendron forest to historic Wangditse Monastery

Fly this morning to the “Land of the Thunder Dragon”—the tiny Himalayan kingdom of Bhutan. If the skies are clear on our flight to Paro, we hope to see the planet's highest peaks in a serrated white spine, setting a striking backdrop as we approach the green trough of the Paro Valley. Rich in culture, lush in scenic beauty and steeped in history, Paro offers a bucolic welcome to the kingdom. From Paro we drive one hour to Thimphu, Bhutan's idyllic capital and a stronghold of traditional Bhutanese art, architecture and culture. Surrounded by mountains and monasteries, this seat of government and commerce on the Wang Chuu River is a harmonious mix of modern development and ancient traditions. It's also the only national capital without traffic lights. As we arrive in Thimphu, we visit the Iron Bridge of Tachogang Lhakhang, built 600 years ago by legendary bridge builder Thangtong Gyalpo. This renowned engineer is believed to have pioneered the use of heavy iron chains in suspension bridge construction, which influenced building methods in Europe and Asia.

On a visit to WWF-Bhutan's national office and Panda Explore Visitor Center, learn about WWF's important role in promoting conservation and sustainability in tandem with the Royal Government of Bhutan since 1977. Gain insight into why Bhutan is widely known as a conservation leader on the world stage, including its role in protecting 10 flagship species identified by WWF as holding special ecological significance—among them are the red panda, Bengal tiger, snow leopard and black-necked crane.

Later this afternoon, head outside town to hike through a serene forest to a temple complex on the edge of a high ridge. The trail winds through oak, blue pine and rhododendron forests to reach the historic Wangditse Monastery, built in 1715, with panoramic views of the Thimphu Valley and Thimphu Dzong. Once we return to our hotel, there's time for a break before an enlightening talk by a local scholar on Gross National Happiness, Bhutan's unique government benchmark for the well-being of its citizenry, a philosophy that values culture, community, health and the environment.



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DOCHULA PASS / LAMPERI ROYAL BOTANICAL PARK / PUNAKHA DZONG

Day 7: Cross the Himalaya to Bhutan's Palace of Great Happiness

- Descend from Dochula Pass beneath prayer flags and 108 chortens
- Walk through Bhutan's first botanical garden amid rhododendrons and mountain forest
- Explore Punakha Dzong, a royal coronation site at the meeting of two rivers

En route to Punakha this morning, cross Dochula Pass, a 10,301-foot saddle marked by 108 chortens, fluttering prayer flags in primary colors, and a panorama of the entire eastern Himalaya. If weather permits, we'll walk about 3 miles from the summit to reach Lamperi Royal Botanical Park, descending a gentle trail through a forest of oak, rhododendron and hemlock. Opened in 2008, this is the first botanical garden in Bhutan, encompassing 125 acres of lush trees, a lake and walking paths that lead to striking mountain views. Birdwatching opportunities are plentiful year-round, while spring departures offer showy rhododendron blooms—the gardens hold 46 species, 18 of which are native to the park. We may also see musk deer roaming the misty woods.

Descend to Punakha, the former capital of Bhutan and the winter residence of the monastic body. Lunch is served at our intimate luxury hotel, the Punakha River Lodge. Set beside the Mo Chu River and framed by forested hills and distant Himalaya views, the lodge offers a tranquil retreat. After lunch, set off for a short hike to Chimi Lhakhang Temple, a small shrine dedicated to one of Bhutan's favorite saints, the 15th-century Lama Drukpa Kunley. A rag-clad monk who used humor, songs and outrageous behavior to dramatize his teachings, he became known as the "Divine Madman" and is still beloved as such today. The peace of the Bhutanese landscape is palpable as our path to the temple ambles through green pastures and rice paddies, passing farmers and livestock in the terraced fields.

Later this afternoon, visit the massive Punakha Dzong, known as the "Palace of Great Happiness." Straddling the confluence of the Po (Father) and Mo (Mother) rivers, the monastery is Bhutan's best-known fortress. Built in 1637, it was the seat of government until 1955 and home to Bhutan's religious establishment. All of Bhutan's kings are still crowned here before they take the throne in Thimphu. The palace occupies one of the most scenic dzong sites in Bhutan; maroon-robed monks and guests must cross a picturesque wooden footbridge over the river to reach it.



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PUNAKHA

Day 8: Hike to a hilltop temple above the Punakha Valley

- Climb to Khamsum Yuelley Namgyal Chorten for sweeping mountain views
- Picnic in Jigme Dorji National Park with a local naturalist
- Search for Himalayan monals, satyr tragopans and other mountain birds

After a leisurely breakfast, set out on a hike to Khamsum Yuelley Namgyal Chorten, a three-story lhakhang, or temple, dedicated to the well-being of the kingdom, its people and all sentient beings. Built atop a high ridge, the temple offers magnificent views of the Punakha Valley. Continue to Jigme Dorji National Park for a picnic lunch. The second largest protected area in Bhutan, the park spans 1,666 square miles and three climate zones, ranging in elevation from 4,600–23,000 feet. Accompanied by a local naturalist/conservationist, we spend a half-day exploring the rich biodiversity of the park. Enjoy birdwatching along scenic forest trails where we may spot the Himalayan monal, blood pheasant and satyr tragopan, among a multitude of species. After an exhilarating afternoon, it's time to return to our riverside lodge for dinner.

LAMPERI / PARO VALLEY

Day 9: Experience Bhutan's living traditions in the Paro Valley

- Learn how Bhutan protects sacred black-necked cranes
- Watch monks create an intricate sand mandala representing impermanence
- Practice traditional Bhutanese archery on a local family farm

A half-day drive returns us to Paro, with stops en route. Retracing our drive over stunning Dochula Pass, we stop at the summit for another foray into Lamperi Royal Botanic Park for birdwatching in the temperate forest filled with oak, birch and magnolia. Continue to the Paro Valley in the mountainous northwest of Bhutan, a region rich in natural beauty and culture and abounding with myths and legends. Over lunch at a restaurant overlooking the valley, learn about conservation of the black-necked crane, a revered bird in Bhutanese culture and a symbol of the country's dedication to protecting its fragile Himalayan ecosystems.

This afternoon, participate in a sand mandala art experience, a meditative practice that reflects the beauty and impermanence of life. Then visit a local farm where we participate in a traditional archery lesson. Archery is the national sport of the kingdom, and tournaments and competitions are held throughout the country, often during public holidays and local festivals called *tsechu*. Though archery historically is a martial art, it is practiced by the peace-loving Bhutanese for physical exercise and to hone concentration.



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PARO

Day 10: Climb to the cliffside monastery of Tiger's Nest

- Hike above the Paro Valley to Taktsang Monastery
- Learn the legend of Guru Rinpoche and the flying tigress
- Take in views across Bhutan's forested mountain landscape

Our final morning in Bhutan holds a most impressive sight: Taktsang Monastery, also known as the "Tiger's Nest." The famous subject of many photographs and an icon of Bhutan, this complex of 17th-century temples clings to the side of a precipitous cliff nearly 3,000 feet above the valley floor. Its name is derived from myth, which holds that Guru Rinpoche, the tantric mystic who brought Buddhism from India to Bhutan in the 8th century, landed here on the back of a flying tigress and stayed to meditate in a cave for three months. Gain an initial vista as we hike to a viewpoint opposite the monastery, while those who choose to tackle the entire challenging climb will have their effort well rewarded with unsurpassed views of the temples, surrounding peaks and valley below. Afterward, there may be time to do some last-minute shopping before saying farewell to this most captivating country.

PARO / BANGKOK

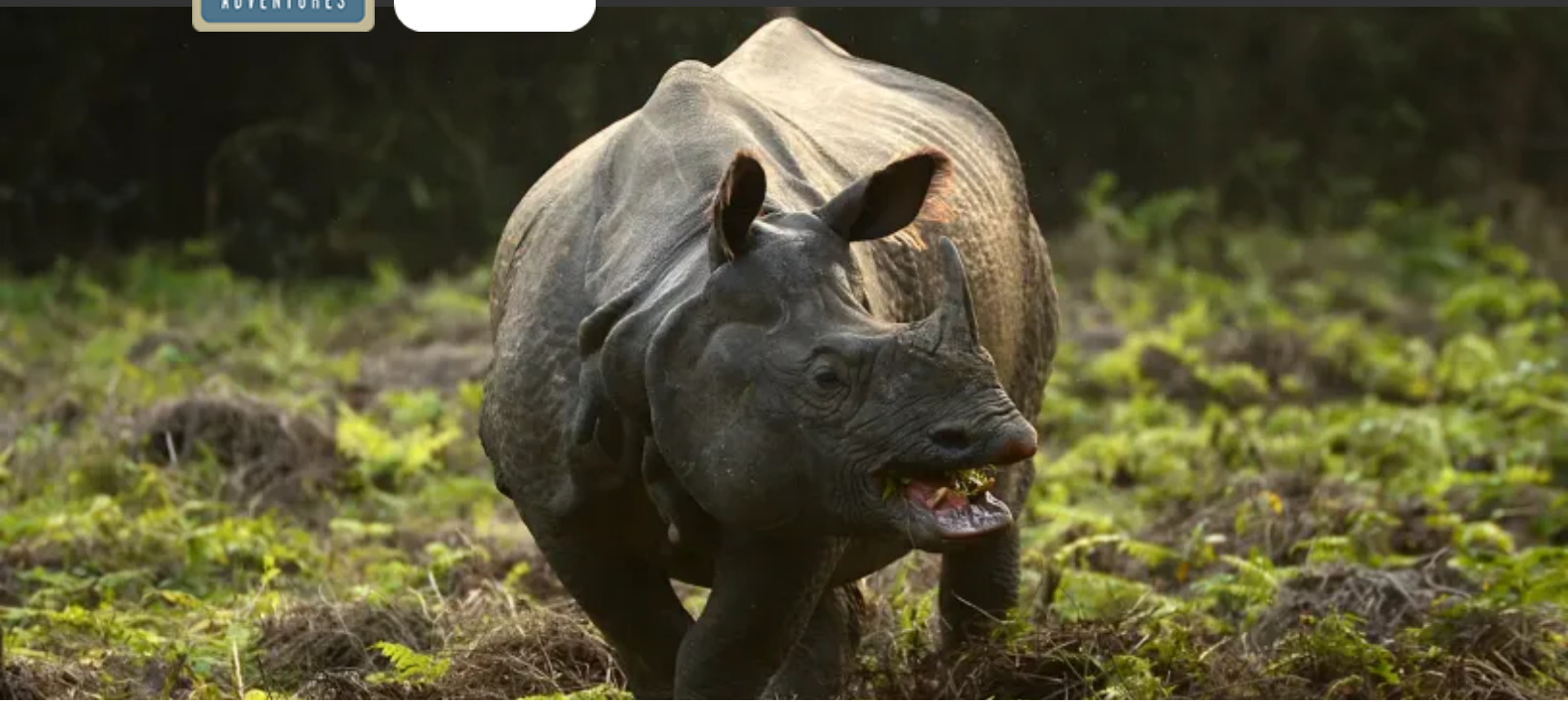
Day 11: Depart Bhutan after your Himalayan journey

- Fly from Paro to Bangkok for onward international connections

Our Himalayan sojourn concludes as we depart from the Paro airport on a group flight to Bangkok, where we connect with onward flights.



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Accommodation Details:

Dwarika's Hotel

Meghauri Serai

The Postcard Dewa

Punakha River Lodge

Dhensa Boutique Resort

COMO Uma Paro

For detailed descriptions, visit
nathab.com/asia-adventure-travel/natural-jewels-of-bhutan-nepal/accommodation

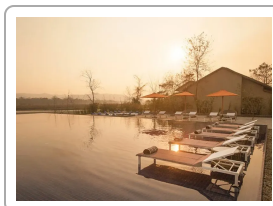
Wild & Ancient Himalaya: Nepal & Bhutan Accommodations

Exploring Nature & Culture in Two Historic Mountain Kingdoms



Dwarika's Hotel

This award-winning heritage hotel in Kathmandu is modeled on the grand palaces of Nepal's Newar kings, featuring intricate carved wood and terracotta, antiques and contemporary amenities.



Meghauri Serai

At this elegant safari lodge on the edge of Chitwan National Park, 16 luxury riverside villas with private plunge pools provide a soothing and secluded jungle sanctuary.

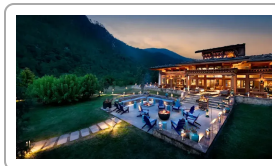


The Postcard Dewa

Located in the forest on the outskirts of Bhutan's capital city, the Postcard Dewa Hotel is a quiet and secluded retreat with views of the Khasadraphchu Valley and Wangchu River.



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Punakha River Lodge

Set along the Mo Chhu River, this riverside lodge features tented suites, traditional dining, spa and panoramic Himalayan views—all rooted in Bhutanese tradition and place.



Dhensa Boutique Resort

In the heart of the Punakha Valley, enjoy modern design and peaceable ambience with private balconies, a glass-enclosed dining area, and a broad stone terrace to drink in the fresh mountain air.



COMO Uma Paro

A luxurious retreat set in the peaceful Paro Valley of Bhutan. Blending modern comfort with traditional Bhutanese design, COMO Uma Paro provides a serene escape immersed in nature at the base of Bhutan's dramatic trails and iconic Himalayan landmarks.



A Two-Country Combo with A Unique Itinerary

Most trips to the Himalayas tend to be somewhat singularly focused: you'll spend most of your time exploring museums and monasteries, or you'll sign on for a taxing trek between high-altitude camps. What about an alternative for the traveler who's fascinated by both nature and culture, who values a genuine immersion in nature but also appreciates creature comforts? We think we have created your ideal adventure:

1

A Unique Nature-Intensive Focus

Our itinerary combines highlights of two countries and offers an unusual combination of nature and culture rarely presented together. We search for native wildlife, such as Asian elephant and rhinos, in Nepal and cross alpine passes in Bhutan—and we also experience each country's Buddhist and Hindu heritage expressed in rich architectural and religious sites.

2

Spend Three Days Tracking Wildlife in the Jungles of Nepal

Nepal is known for its Himalayan heights, but its lowlands—called the Terai—are where its most abundant wildlife resides. We stay at a secluded luxury ecolodge near Chitwan National Park, Nepal's premier wildlife reserve, and the lodge boasts high sightings of one-horned rhinoceros, crocodile and gharial. We may also see wild Asian elephant, leopard, sloth bear, wild boar, crocodile, sambar deer and monkeys—and, if we're extremely lucky, the elusive Bengal tiger.

3

A Diverse Itinerary Filled with Varied Activities

This unusual trip includes an engaging mix of activities: wildlife drives, guided nature walks and canoe rides, plus cultural experiences in Kathmandu and Bhutan. Bhutan is known for its dramatic landscapes and serene Buddhist culture, and we'll have ample opportunity to experience both as we visit temples adorned with fluttering prayer flags and its architecturally unique dzongs (massive fortified monasteries). If you're the kind of traveler who finds everything interesting, this trip is for you!

4

Enjoy Outstanding Birdwatching

In addition to the varied mammals we may spot, Chitwan abounds in bird species—more than 500 are found in the vicinity of our lodge—and we're sure to see plenty in Bhutan as well. Even casual birdwatchers will enjoy the avian elements of our adventure. Bring your binoculars!

5

Take Part in Bhutanese Cultural Activities

Beyond Bhutan's stunning scenery, daily rituals provide a window into Bhutanese life. Try your hand at making butter lamps, participate in a blessing ceremony, arrange grains of sand into intricate mandalas and join other practices that continue to define the country's cultural identity.



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6

A Small Group for More Meaningful Experiences

Because we know that both wildlife and cultural encounters are best enjoyed in intimate settings, we travel with no more than 12 guests—ensuring quiet moments with wildlife and personal interaction with the people we will meet.

7

Travel with Outstanding Guides

At Nat Hab, we've developed a global reputation for the world's best guides, because we know guides are the key to making a good trip truly great. In Bhutan, our own Expedition Leader is paired with an outstanding local Bhutanese guide, ensuring the ideal complement of trip management expertise, attentive personal service and insider insight. And in Nepal's Chitwan National Park, we are joined by expert local naturalists from our jungle lodge who are highly adept wildlife spotters. Our highly trained Expedition Leader oversees your trip from start to finish, while our knowledgeable local guides add in-depth understanding of local culture and wildlife. Our Expedition Leaders average 15 years of guiding experience—[read our Expedition Leader bios](#) and traveler comments regarding the quality of our leaders.

8

Our Quality-Value Guarantee Ensures Your Outstanding Himalayan Adventure

With Natural Habitat Adventures, you receive our exclusive guarantee, which clearly states that we will meet the high expectations we set forth in our promotional materials. To our knowledge, this is the most ambitious guarantee made by any adventure travel company.

9

Feel Good About Your Carbon-Neutral Journey

We care deeply about our planet, as we know you do. When you travel with us, the carbon emissions from your trip are 100% offset—including your round-trip flights from home. Natural Habitat Adventures has been the world's first carbon-neutral travel company since 2007.

10

Natural Habitat Adventures is WWF's Travel Partner

Because of our commitment to environmentally friendly travel, as well as the exceptional quality of our small-group nature adventures, World Wildlife Fund, the world's leading environmental conservation organization, has named Natural Habitat Adventures its worldwide travel partner—a designation that makes us exceedingly proud!



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Dates & Pricing Summary:

Prices:
From \$15095
(+Air)

Group Size:
Limited to 12
Travelers

Wild & Ancient Himalaya: Nepal & Bhutan Dates, Pricing & Info

Exploring Nature & Culture in Two Historic Mountain Kingdoms

2026 Departures

DEPARTURE → RETURN	PRICING	NOTES
Nov 1 - Nov 11, 2026	\$15095 +internal air	
Dec 1 - Dec 11, 2026	\$15095 +internal air	Natural Habitat Explorers Pricing Available
Dec 4 - Dec 17, 2026	\$16895 +internal air	Photo Expedition

2027 Departures

DEPARTURE → RETURN	PRICING	NOTES
Mar 1 - Mar 11, 2027	\$16195 +internal air	



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Dates & Pricing Summary:

Prices:
From \$15095
(+Air)

Group Size:
Limited to 12
Travelers

DEPARTURE → RETURN	PRICING	NOTES
Mar 17 - Mar 27, 2027	\$16195 +internal air	
Mar 23 - Apr 2, 2027	\$15795 +internal air	
Mar 31 - Apr 10, 2027	\$16195 +internal air	
Nov 17 - Nov 27, 2027	\$16195 +internal air	Natural Habitat Explorers Pricing Available , Date Not Confirmed
Dec 1 - Dec 11, 2027	\$15795 +internal air	Date Not Confirmed
Dec 4 - Dec 14, 2027	\$15795 +internal air	Date Not Confirmed
Dec 10 - Dec 20, 2027	\$15795 +internal air	Date Not Confirmed

2028 Departures

DEPARTURE → RETURN	PRICING	NOTES
Prices and dates not confirmed for 2028		
Feb 18 - Feb 28, 2028	From \$15795 +internal air	
Feb 26 - Mar 7, 2028	From \$15795 +internal air	
Mar 5 - Mar 15, 2028	From \$15795 +internal air	
Mar 19 - Mar 29, 2028	From \$15795 +internal air	
Mar 25 - Apr 4, 2028	From \$15795 +internal air	
Apr 2 - Apr 12, 2028	From \$15795 +internal air	
Nov 19 - Nov 29, 2028	From \$15795 +internal air	



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DEPARTURE → RETURN	PRICING	NOTES
Prices and dates not confirmed for 2028		
Dec 4 - Dec 14, 2028	From \$15795 +internal air	

2029 Departures

DEPARTURE → RETURN	PRICING	NOTES
Prices and dates not confirmed for 2029		
Apr 6 - Apr 16, 2029	From \$15795 +internal air	

Pricing

See <https://nathab.com/asia-adventure-travel/natural-jewels-of-bhutan-nepal/dates-fees> for the latest pricing details.

Included

Trip price includes: Accommodations, services of Nat Hab's professional Expedition Leader(s) and local guides, all meals from dinner on Day 1 through breakfast on final day, some gratuities, airport transfers on Day 1 and final day (in Bhutan only), all activities and entrance fees, all taxes, permits and service fees.

Not Included

Travel to and from the start and end point of your trip, alcoholic beverages, some gratuities, passport and Nepal visa fees, optional activities, items of a personal nature (phone calls, laundry, etc.), airline baggage fees, required medical evacuation insurance, optional travel protection insurance.

Internal air: All flights within the itinerary (this will be listed separately on our invoicing).



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Important Information About This Trip

Most of our guests travel to Nepal for encounters with the country's wildlife. **While nature experiences in this part of the world are indeed remarkable, there is a fundamental difference between a safari in the Nepal jungle and a typical African safari.** At times, guests lured to Nepal by tourist brochures promising "wildlife safaris" can be disappointed to see fewer animals than they expected, or at least fewer than they might normally see in Africa. It is not that Nepal's surviving jungle habitat is thinly populated with wildlife, but, similarly to places like Costa Rica where the forest vegetation is very dense, and here, the elephant grass is also very tall, animals have mastered the art of camouflage and can be difficult to spot. That said, we have carefully designed our itineraries to capitalize on the best conditions to spot wildlife. But various factors can affect potential sightings, including inclement weather, which creates small pockets of water that allow the animals to remain hidden in the forest, rather than being forced into the open to frequent waterholes. The secret to a successful nature adventure lies with the expertise of our Expedition Leaders and park rangers, as well as your knowing what to expect as a traveler, and in understanding that the privilege of stepping into a wild and untouched natural realm is a reward in itself.

A note about departure dates: Nat Hab cannot finalize confirmed dates for any given Nepal & Bhutan departure until the airlines publish their schedule for our internal flights on tour in the unlikely event that their schedule may force us to shift our itinerary dates. The airlines typically release this information in June of each year. Please do not book your international flights until departure dates have been confirmed by Nat Hab.

Mandatory Insurance

Since the areas we travel to on this trip are remote and wild (that's why we go there!), we require medical evacuation insurance for our guests' safety. If you decline the medical evacuation insurance coverage offered by Natural Habitat, we request that you send us documentation of the independent coverage you have selected. We will add the cost of a medical evacuation policy to your tour invoice until you provide our office with proof of coverage including your insurance company's name, contact number and your individual policy number. Thank you for understanding that our policy exists exclusively in the interest of our guests' safety.



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Getting There & Getting Home

This trip begins in Kathmandu, Nepal, and ends in Bangkok, Thailand. Because this is a long international journey with multiple flight segments and a significant time difference, **we recommend that you arrive the night before Day 1** to rest from your travels and begin the trip refreshed. For guests who come in early, our recommended hotel will be included in your pre-departure materials.

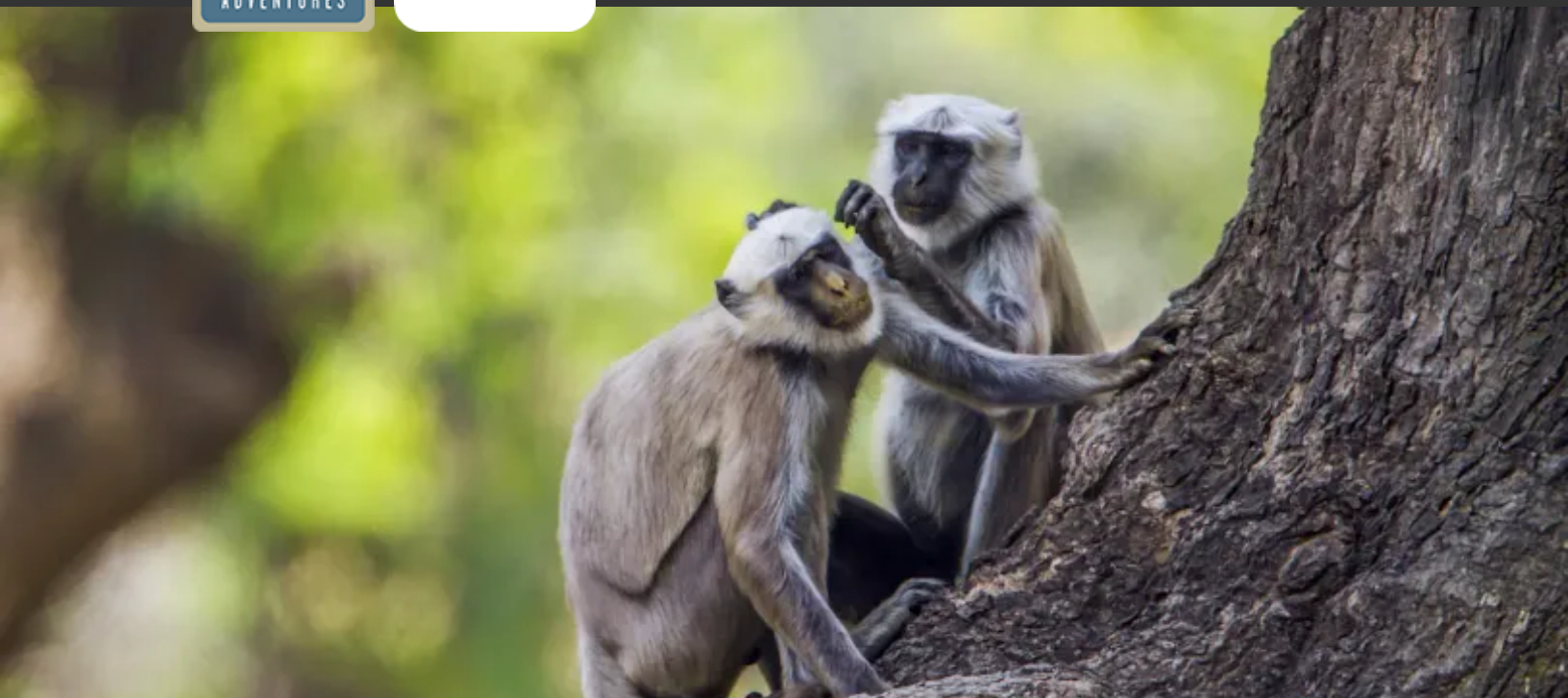
If you plan to arrive on Day 1, you should arrive in Kathmandu by 3 pm in order to participate in an orientation and group welcome dinner beginning at 6:00 pm.

Recommended departure times vary depending on the final flight schedule from Paro to Bangkok, which is often released closer to travel dates. These times can differ even within the same season. **Please refer to your Nat Hab guest portal for the exact “depart after” time based on your confirmed Paro–Bangkok flight.** In all cases, we recommend staying an extra night in Bangkok to accommodate possible flight delays.

Our Natural Habitat Adventures Travel Desk can best assist with your travel reservations, as our staff is familiar with the specific requirements of this program and can help arrange the most efficient itinerary. Please call us at 800-543-8917. While we offer the best available rates to us on airfare and additional nights' accommodations, you may occasionally find special web rates or lower fares online.



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Extension Details:

The Grand India Wildlife Adventure
\$13895

Land of the Snow Leopard
\$10995

Wild & Ancient Himalaya: Nepal & Bhutan Extensions

Exploring Nature & Culture in Two Historic Mountain Kingdoms



The Grand India Wildlife Adventure

Look for rare Bengal tigers, one-horned rhinos and other endangered animals as we discover India's wild side on an exploration of three premier national parks. You won't find a richer Indian nature safari!

\$13895 (+air)



Land of the Snow Leopard

On a winter adventure in far-north India, join a quest to view one of the world's most elusive cats. Stay in the very midst of its high alpine habitat at our private, deluxe ecolodge in a small village in Ladakh.

\$10995 (+air)



Natural Habitat & WWF: Discovering Our Planet Together

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